

**Susquehanna Valley High School**  
**SABER NEWS**  
**October 2023**

***From the Administration***

Parents and Students,

We have been busy at the High School, and are happy to say our students are settling into their routine and are off to a great start! Students had the opportunity to participate in a club/activity fair during our first week. We could see the excitement that came with learning about activities that could interest them, and help them get involved with their peers. I hope all of our students find something to participate in; it's proven that involvement in school activities increases attendance and overall interest in school. We encourage you to check in with your child to see what might interest them!

Students are also busy with homecoming plans and the classes of 2024-2027 are starting to prepare their floats for the homecoming parade. The theme is "seasons" and each class has chosen one. We can't wait to see what they come up with! We invite all of our Saber families to join us along the parade route on October 14. The parade begins at 11 a.m., and while you are joining us, the Wall of Fame inductions are just before kickoff, with the games scheduled to start at 1:30 p.m. We hope to see you there! Students will also be able to attend the long-awaited Homecoming Dance at 8 p.m. Tickets cost \$10.

October is also a busy month with college and career readiness activities. Make sure to check out the Guidance pages in the newsletter to learn more about Financial Aid Night, the upcoming PSAT exam, the College and Career Fair at the Arena, and more!

*(continued on next page)*

**Important Dates:**

**October 4**

Technology Career Day @  
Broome-Tioga BOCES

**October 8**

Chem Free Prom Golf  
Tournament @ Conklin  
Players Club - 9:30 a.m.

**October 9**

Columbus Day  
No School

**October 14**

Homecoming Parade @ 11  
a.m.  
SV Wall of Fame Induc-  
tion @ 12:30 p.m.  
Football Game vs. Waverly  
@ 1:30 p.m.  
Dance @ 8:00 p.m.

**October 18**

Greater Binghamton Col-  
lege Day  
Board of Education Meet-  
ing @ 6:00 p.m.

**October 30**

Fall Music Concert @ 6:30

**October 31**

Happy Halloween!

(continued from previous page)

Here is a quick “cheat sheet” of helpful phone numbers for the high school:

**Athletics Office.....775-9131**  
**Transportation/Bus Garage.....775-9153**  
**HS Asst. Principal’s Office.....775-9114**  
**HS Main Office.....775-0304**  
**HS Guidance Office.....775-9115**  
**HS Health Office.....775-9119**

All of the staff here at the high school are here to help, and communication is the key to student success!



## School Picture Days

All students (9-12) are photographed to ensure we have a current picture for their school ID. The picture days were September 28 and September 29. Retakes will be on **November 8**. Any questions should be directed to Mr. Zietz or Mrs. Lyke at [dzietz@svsabers.org](mailto:dzietz@svsabers.org) or [klyke@svsabers.org](mailto:klyke@svsabers.org).



## Attention Parents: Chem Free After Prom Party Golf Tournament Info!

Hello and welcome back! As we begin the school year it's already time to start thinking about fundraising for the 2024 Susquehanna Valley Chem Free Post Prom party. With that being said we welcome you to participate in our first fundraiser which will be the 23<sup>rd</sup> annual Susquehanna Valley Chem Free Post Prom Golf Tournament. This can be done through sponsoring a hole and/or putting a team together. **This year it is being held on Sunday, October 8, 2023 at 9:30 a.m. at the Conklin Players Club.** We look forward to seeing you there!



**It's Time for Our 23rd Annual Susquehanna Valley HS  
Chem Free After Prom Golf Tournament Fundraiser !**

Date: Sunday, October 8, 2023

Shotgun Start Time: 9:30 a.m.

Location: Conklin Players Club, 1520 Conklin Road, Conklin, NY 13748

Team Cost: \$100 each participant *(includes greens fee, cart, lunch, prizes and beverage.)*

Registration: By mail until October 6, 2023— or in-person day of tournament.

Hole Sponsor Signs: Purchase ad signs for holes @ \$75 or \$125 by October 5, 2023.

Questions: Call Zachary Tarnowski @ 607-775-9114 or [ztarnows@svsabers.org](mailto:ztarnows@svsabers.org).

**CONTEST** (Men & Women)

Closest to the Hole!

Longest Drive!

**DINNER AND PRIZES**

Immediately after Finish!

**HOLE SPONSOR AD SIGNS**

Available for Purchase!

-----***(Detach and Return)***-----

**PARTICIPANTS**

**TEAM MEMBERS:**

NAME: \_\_\_\_\_

1. \_\_\_\_\_

ADDRESS: \_\_\_\_\_

2. \_\_\_\_\_

TEAM NAME: \_\_\_\_\_

3. \_\_\_\_\_

CAPTAIN'S NAME: \_\_\_\_\_

4. \_\_\_\_\_

**COST: \$100 EACH PARTICIPANT**

**HOLE SPONSORS**

**COST:** \$125 for two, or \$75 for one hole sponsor advertisement sign. Please include ad sign information with payment.

**PLEASE MAKE CHECKS PAYABLE TO: S.V. Chem Free After Prom**

**MAIL TO:** Mr. Zachary Tarnowski, Assistant Principal  
Susquehanna Valley High School  
P.O. Box 275  
Conklin, NY 13748

**BY:** Thursday, October 5, 2023 or tournament day.

# *News from the Guidance Office*

## *October 2023*

### **PSAT:**

*Susquehanna Valley High School will be offering the Digital PSAT/NMSQT on Wednesday, October 11, to **tenth and eleventh graders who have already registered for it.** The Digital PSAT is essentially a practice Digital SAT that will help students prepare for the actual Digital SAT, usually taken in May or June of their junior year. The Digital PSAT also has a scholarship opportunity attached to it. Only 11th graders with qualifying scores on the Digital PSAT will be entered into the scholarship competition. **Students will use their chrome-books to take the test digitally.** Students are not officially registered until payment is received. Due to the digital nature of the exam, students that register after the deadline may not be able to test.*

#### Sections and Timing of the Digital PSAT:

Reading and Writing Section- 64 minutes (two modules within the section)

Math Test - 70 minutes (two modules within the section)

#### Benefits of the Digital PSAT:

- Preparation for the *Digital SAT*
- You can get a sense of your SAT score
- Pinpoints areas for development
- Free, personalized study plans through Khan Academy
- Scholarship opportunity (NMSQT)
- Connect with colleges and universities

**Where:** HS Small Gym

**Materials to bring:** **CHARGED CHROMEBOOK**, Number 2 pencils, scientific or graphing calculator.

\* For more info, go to <https://satsuite.collegeboard.org/psat-nmsqt>.



The ASVAB will be given on Nov 1, 2023 at 8:00 a.m. to all 10th grade students. This aptitude test helps your child see how interests, abilities, and personal preferences match career opportunities. When taken in the 10th grade there is NO commitment to the military, it is strictly used as a career development tool and will aid in guiding student decisions regarding post high school plans. The test takes 3 hours and 15 minutes to complete online. Please assure your student arrives at school with a fully charged Chrome-book (as they should everyday).



### **Financial Aid Night**

The guidance department will be offering an IN-PERSON Financial Aid Night for Seniors and their families on November 29 **at 6:00 p.m.** in the high school auditorium. Part of the college application process is to submit the Free Application for Federal Student Aid (FAFSA). This presentation will help students and families understand the types of financial aid available and how to submit the application. We highly encourage college-bound students to attend with their families.

Additionally, Shante Middleton (from Talent Search) is going to be available at SVHS from 9:00 a.m. to 1:00 p.m. on alternating Wednesdays beginning Oct 4 to provide individualized assistance in completing the FAFSA and TAP applications. We will be scheduling college bound students to meet with her, and welcome parents participation.



Juniors and Seniors! The Greater Binghamton College Day will be held on Wednesday, October 18. Our students will be bussed to the Visions Veterans Memorial Arena to meet with representatives from 12:00 p.m. - 1:00 p.m. There will be over 60 colleges, plus labor unions, financial institutions and military services represented.

Students that would like to attend during the day must turn in a permission slip by **Wednesday, October 11**, to assure we have appropriate bussing. **Permission slips were posted in September's newsletter and are available in the Guidance Office.**

**Interested Parents are encouraged to attend the evening session from 6:00 to 8:00 p.m. The event is free so plan to come early to get a parking space.**

Follow this link for a preview: <https://binghamtoncollegeday.org/colleges.php>

## **College Visits**

Many college representatives have scheduled visits to SVHS in person this year. Students will be notified about college visits in a number of ways:

- Posted on their Class of 2024 and Class of 2025 google classroom
- Daily announcements (which are also posted on the Main Office Windows and the Bulletin Boards outside the Cafeteria).

Juniors and seniors that are college bound are strongly encouraged to attend these visits. It is a great way to connect with colleges and explore options!

Counselors will also be setting up electronic hall passes to these visits for students who've expressed interest in particular schools or majors.



## **Senior Information:**

Counselors have begun meeting with seniors to discuss post-secondary plans. Students that are:

- College-bound should have a list of colleges they plan to apply to.
- Work-bound should bring a list of jobs they are interested in.
- Military-bound should let us know what branch they are interested in.

Your counselor will help finalize these lists and assist with the application process. Seniors, please keep your eye on your Google Calendar for an invite to meet with your counselor.



## Greater Binghamton College Fair at the Visions Veterans Memorial Arena.

The following procedures, rules and regulations are in effect for all student trips sponsored by the Susquehanna Valley School District. A "sponsored trip" is one approved by the appropriate district official and may be a field trip, an extracurricular trip, or another type of school trip.

All students will be required to present a form signed by the parent or guardian and the student attesting to the fact that the rules are understood and will be followed. Additional information may be attached as developed for a particular trip.

### RECOMMENDATIONS TO PARENTS

- 1) Review the accepted rules of conduct and behavior with your son or daughter.
- 2) Be sure that school representatives know if your child has an allergy, other medical problem or disability.
- 3) Be sure that your son or daughter does not bring alcohol, drugs or tobacco on the trip.

### STUDENT CONDUCT AND BEHAVIOR

- 4) The chaperones are in complete charge at all times. Students will comply with all directions of the chaperones.
- 5) The chaperone in charge has the right to terminate the trip at any time. Serious violations may be referred to the appropriate police agency or school authorities for immediate actions.
- 6) It is the responsibility of the student and parents to notify the chaperones of any known medical problem that would have to be considered on the trip.
- 7) It is understood that in the event of serious illness or accident the nearest medical facility will be used.

TO BE COMPLETED BY PARENT OR GUARDIAN: I have read the rules and regulations and agree to abide by them.

Student \_\_\_\_\_ has my permission to go on the following school sponsored trip.

Field Trip: Greater Binghamton College Fair at Visions Veterans Memorial Arena  
on Wednesday, October 18, 2023

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature for Field Trip Permission

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

### Medical Release

In case of any emergency (and a parent cannot be reached by phone), I authorize school chaperones to obtain medical treatment for my son/daughter named above.

\_\_\_\_\_  
Home phone

\_\_\_\_\_  
Emergency Phone

\_\_\_\_\_  
Parent/Guardian Signature for Medical Consent

**Due to the Counseling Office October 11, 2023**

## **SAT and ACT**

There is still time for college-bound seniors to take the SAT or ACT. While some schools have a test-optional policy, there are schools and programs that require SAT or ACT scores. Both exams have fall test dates!

### **SAT:**

<u><b>SAT Test Date</b></u>	<u><b>Regular Registration Deadline</b></u>	<u><b>Late Registration Deadline</b></u>
November 4, 2023	October 5, 2023	October 24, 2023
December 2, 2023	November 2, 2023	November 21, 2023
March 9, 2024 (Digital)	February 23, 2024	February 27, 2024
May 4, 2024 (Digital)	April 19, 2024	April 23, 2024
June 1, 2024 (Digital)	May 17, 2024	May 21, 2024

**\*Please note: SV is not a testing site, so students will have to take the exam at a neighboring high school such as Binghamton, Vestal, M-E or CV.**

### **ACT:**

<b>Test Date</b>	<b>Regular Registration Deadline- Late Fee Applies After This Date</b>	<b>Late Registration Deadline</b>	<b>Photo Upload and Standby Deadline</b>
October 28, 2023	September 22	October 6	October 20
December 9, 2023	November 3	November 17	December 1
February 10, 2024	January 5	January 19	February 2
April 13, 2024	March 8	March 22	April 5
June 8, 2024	May 3	May 17	May 31
July 13, 2024*	June 7	June 21	July 5

Preparing for the SAT/ACT:

Students should familiarize themselves with the test(s) and create a study plan. Here are some tips on how to prepare for the SAT/ACT:

- Khan Academy
- This is a free, personalized, online study tool. Khan Academy has partnered with College Board to deliver a tailored guide to the SAT based on the student's PSAT results. If a student took the PSAT in October, they can link their results to Khan Academy!
- SAT Practice Tests: - <https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests>
- ACT Practice Tests: <https://academy.act.org/>

Please check with the schools you are interested in for the most up-to-date information. If you are still interested in taking the SAT/ACT, you must register online at [www.collegeboard.org](http://www.collegeboard.org) for the SAT or [www.actstudent.org](http://www.actstudent.org) for the ACT. SV is not a testing site, but our students can test at local high schools in the area such as Binghamton HS, Vestal HS or Maine-Endwell HS.



# IT'S REAL: TEENS AND MENTAL HEALTH

## for Parents & Caregivers of High School Students

It's Real: Teens and Mental Health for High School Students is a 45-minute program, which provides young people and their parents & caregivers with mental health education and resources.

### The presentation covers such topics as:

- What is mental health? How is it similar to, or different from, physical health?
- How to notice signs of someone needing help
- Tips and strategies for having a caring conversation with someone you might be worried about
- Methods of self-care for mind, body, soul, and surroundings
- Examples of trustworthy resources
- How reaching out to trusted adults can help teens manage their mental health

The presentation includes brief video narratives featuring well-known GenZ influencers sharing their own experiences with mental health, and what they found helpful at the time.

### Target Audience:

Parents & caregivers of teens between the ages of 14 and 18.

This program is directed to be presented to high school classes or community settings with groups of comparably aged adolescents and/or their parents & caregivers.

### Date

Monday, October 16th 2023

### Time

6:00-7:00 PM

### Details

Broome County Library  
185 Court Street  
Binghamton, NY 13901  
THE DECKER ROOM

### Registration

Please register at  
<https://app.smartsheet.com/b/form/c9222126958> or scan the QR code below to go directly to the registration page.

### Questions?

Lauren Greco, Project Manager  
Care Compass Network  
[lgreco@carecompassnetwork.org](mailto:lgreco@carecompassnetwork.org)



Space is limited!  
Scan this QR code &  
REGISTER TODAY!





# SUSQUEHANNA VALLEY HOMECOMING PARADE!

## ATTENTION *SABER FANS!*

Show your Saber Spirit and participate  
in the 2023 Homecoming Parade!

If your organization would like to participate, please contact:

**Saturday, October 14, 2023**

Starting at Schnurbusch Park & ending at SV High School.

**Line-up begins at 10:30 a.m.**

**Parade starts at 11:00 a.m.**

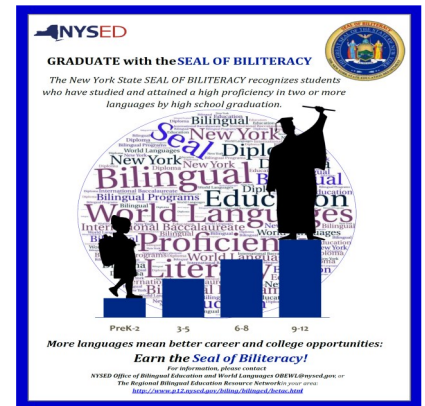
Rachel Heslin, High School Student Council Advisor,  
[rhelin@svsabers.org](mailto:rhelin@svsabers.org), 607-775-0304

### **High School Homecoming Dance**

- Dance starts at 8 p.m. and ends at 10:30 p.m.
- Dance will be held in the SVHS gymnasium.
- Tickets will be sold the week of October 9, during lunch blocks at the high school for \$10 (cash) each.
- Guests need to be registered in the Main Office before Friday, October 13.
- Middle school students and individuals over 21 are not eligible to attend.
- Concessions will be available, cash only.

## SEAL OF BILITERACY

Please contact Mrs. Rowe,  
department chair for languages, if you would like more in-  
formation about earning the **NYS Seal of Biliteracy**:  
[srowe@svsabers.org](mailto:srowe@svsabers.org).



Beginning October 1 there will be a bin in the High School Guidance Office to donate Saber Gear. Donations can be new or gently used. All sizes are accepted. Your donations will be washed and kept for students and families in the SV community that want to show their Saber Spirit. Please spread the word around the community and help us to get everyone in Blue and Gold! Don't forget Friday's are Saber Spirit days - wear your gear!!!



**KRISPY KREME FUNDRAISER October 1- 15.**

SVHS Peer Leaders are running a Krispy Kreme Fundraiser. The proceeds help to raise money for our Thanksgiving and Gift Drives. Enjoy delicious donuts for a good cause! See order form on next page.

SVHS

Peer Leaders



## Customer Order Form

Hello, I'm \_\_\_\_\_

from \_\_\_\_\_

I'm selling Krispy Kreme products to raise money for \_\_\_\_\_

Order due date: \_\_\_\_\_

Check the product you are selling:

- ☐ Fresh Krispy Kreme Original Glazed® doughnuts for a price of \_\_\_\_\_ a dozen.
- ☐ Krispy Kreme Special Order 1/2 Dozens for a price of \_\_\_\_\_ a 1/2 dozen.
- (available in Chocolate Iced [CI], Lemon Filled [LF], Raspberry Filled [RF] and Cream Filled [CF])**

	CUSTOMER NAME AND ADDRESS	# OF ORIGINAL GLAZED® DOZENS	# OF SPECIAL ORDER 1/2 DOZENS			AMOUNT COLLECTED
			CI	LF	RF	
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
TOTALS						

October 1 - 15th

## SVTA Craft Fair Application

Saturday, November 18, 2023

Susquehanna Valley High School

Large gym

Set up starts at 8 a.m. There will be students to help with unloading. After you have unloaded, please move your car out front to make room for visitors. PLEASE do not come before 8 a.m.

Vendor Name: \_\_\_\_\_

Business Name: \_\_\_\_\_

Examples of products sold: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_

\_\_\_\_\_ \$30-you bring your own table, we will provide a chair.

\_\_\_\_\_ \$35-includes a table and chair

\_\_\_\_\_ \$40-if electricity is needed (limited electric spaces)

*All money raised goes to SVTA Scholarship.*

The first paid will get the spot, no spots will be held without payment! All money needs to be paid by November 1. Make checks payable to SVTA, you can also PAYPAL money to [SVTeachers@yahoo.com](mailto:SVTeachers@yahoo.com)

Send checks to RTS Middle School c/o Terri Howard , RTS Middle School, 1040 Conklin Rd., Conklin, NY 13748. Any questions should be directed to [Terri Howard @ thoward@svsabers.org](mailto:Thoward@svsabers.org)

*\*In setting up the layout for the craft fair we take many factors into account. You can request a certain location but we WILL NOT guarantee that you will get it. We will do our best-but it is all about what is best for the overall show. Thank you for your understanding.*

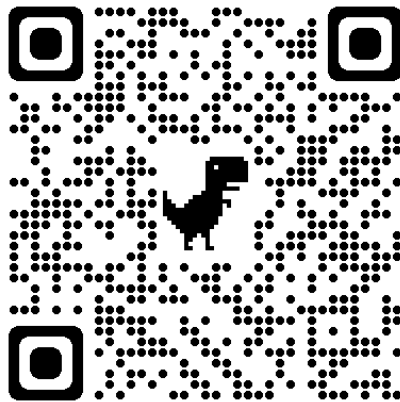


## Europe Trip 2024

### London, Belgium, Switzerland, Germany & Austria

If you are interested in traveling to Europe in July 2024, check out the itinerary and sign up soon! We will be taking off from New York City on July 8, 2024 for London. Taking the Chunnel train under the English Channel to explore Brussels and Bruges in Belgium. From there we are on a high speed train to Zurich, Switzerland. We will enjoy the Swiss Alps from Lucerne, Switzerland. Next we're on a bus to Munich, Germany to experience Bavarian culture and take a day trip to Salzburg, Austria. We will return home on July 18, 2024! Questions to Mrs. Butts [jbutts@svsabers.org](mailto:jbutts@svsabers.org) or Mrs. Retzlaff [lretzlaf@svsabers.org](mailto:lretzlaf@svsabers.org) in the high school

Use the QR code below or go to [www.explorica.com](http://www.explorica.com) and use Tour Center ID: Butts-4502



# Team Trivia Fundraiser

Help support the Europe 2024 trip by having a fun night out and playing team trivia! Join us at the Conklin Community Center on Saturday, October 21 from 6-9 p.m. to help us cover the transportation costs to and from the airport in NYC. The Team Trivia Night will include the game and a pasta dinner. The cost is \$20 per person and teams can include up to 6 people. There will be prizes and basket raffles. Donations are gladly accepted if you would like to contribute a prize, basket or to the trip! You can use the QR code on the graphic to register. Please contact Laura Retzlaff at [lretzlaf@svsabers.org](mailto:lretzlaf@svsabers.org) if you want to make a donation, have any questions or would like more information.



If you are interested in traveling with us, you can still sign up. For more information on the trip itinerary and cost use the QR code below or go to [www.explorica.com](http://www.explorica.com) and use Tour Center ID: Butts-4502.





# Isolate and take precautions if you have or suspect you have COVID-19

## ISOLATION



**Stay home and away from others**

Wear a high-quality mask if you must be around others

### Start counting days

Day 0 is the day your symptoms started

If you never had symptoms, day 0 is the day you took a COVID-19 test



**Watch for emergency warning signs, like trouble breathing**

Seek help if they develop



## AFTER ISOLATION

Until at least day 11, avoid being around people who are more likely to get very sick

Wear a high-quality mask when around others indoors



### Removing your mask

After ending isolation, wear your mask through day 10

**OR**

Take 2 antigen tests, 48 hours apart

If both tests are negative, you may remove your mask sooner than day 10



## ENDING ISOLATION

**Isolate to day 6 or later, if you**

- never had symptoms or symptoms are improving, and
- are fever-free for 24 hours without the use of fever-reducing medication



**Continue to isolate** if your fever persists or other symptoms have not improved

**Isolate through day 10**, if you experienced moderate illness, like shortness of breath or difficulty breathing

**Isolate through day 10 and talk with a healthcare provider before you end isolation, if you**

- were hospitalized, or
- have a weakened immune system







## Health Sciences Pathways Event

➔ **WHEN?** Tuesday October 17, 2023

5:00 – 7:00 PM

Registration begins promptly at 5:00PM

➔ **WHERE?** SUNY Broome

Decker Health Science Center (DH) Building

➔ **WHO?** Students in grades 6-9 (although all ages that are interested are welcome) as well as their parents and educators

➔ **WHY?** Meet local healthcare employers and faculty/staff from SUNY Broome, Binghamton University, and BOCES to learn more about career opportunities in healthcare and the educational pathways to get there



**RSVP:** Please click on the link below or copy and paste in your browser to register:

➔ <https://forms.gle/thcGnumeW2wkd143A> ➔



# National Honor Society



**Looking to APPLY to NHS?**

**Then see Mrs. Strnatka in room #4 for an application.**

**Applications are due by October 18.**

**NO EXCEPTIONS!**

## **Homecoming is October 14**

- We are hoping to provide face painting for children at the homecoming game.
- We will be asking for students to help provide basic homecoming theme designs for this.
- Supplies we need donated are blue, gold, white and brown face paint, small paint brushes/sponges, saber and football paint stencils and football themed temporary tattoos.
- More information will be provided soon.

## **Induction Ceremony**

- The induction ceremony is scheduled for November 14.
- All current members are required to attend.

## **Community Service Hours**

- Students in NHS must complete 20 hours of community service per year by June.
- Please see posts on Google Classroom for updated opportunities.
- The form for recording these hours has been updated and is now on Google Classroom.

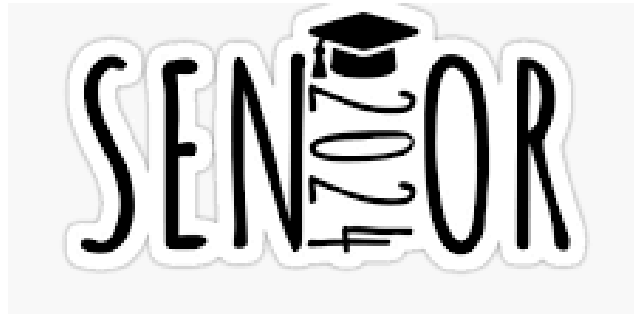
## **NHS Dues**

- NHS dues are mandated by the organization.
- Dues are \$20 per year.
- Checks should be made out to SV NHS.

**Your NHS Advisors,**

**Elizabeth Strnatka & Karen Lyke**

[estrnatk@svsabers.org](mailto:estrnatk@svsabers.org) & [klyke@svsabers.org](mailto:klyke@svsabers.org)



Please make sure you dues are paid in full!  
If you have any questions, just email your class advisors:  
Stacey Root [sroot@svsabers.org](mailto:sroot@svsabers.org)  
or Karen Lyke [klyke@svsabers.org](mailto:klyke@svsabers.org).

**Class dues are \$10 per year  
if paid by December 31 each year.**

We will be doing our Pitstop popcorn fundraiser from October 10-20, with a tentative delivery date of November 17. The forms will be handed out in school and also available at school in the main office.



# **JUNIORS**

## **Class of 2025**

### **Homecoming is October 14**

- The float theme is Seasons and we are doing winter. Please feel free to donate any winter type items you may have for this theme!
- We need students to work on our float and donate materials such as cardboard, plywood, paint, painting supplies, and candy for the parade.
- Hayle Warner's family will be graciously hosting the float meetings. Meeting dates will be announced.

### **Silver Linings Lunch Fundraiser & Bake Sale**

- We will be selling chicken spiedie and pulled pork meals at homecoming as a fundraiser.
- We will pre-sell as many meals as we can for \$15 each.
- **Parent and student volunteers will be needed to help sell the meals. Please email an advisor if you are willing to help with this fundraiser.**

### **Class Shirt**

- Class shirts will be here in time for the pep rally.

### **Poinsettias & Wreath Nanticoke Gardens Fundraiser**

- The fundraiser will be held October 16-30.
- Poinsettias and wreaths will be delivered December 6.

### **REMIND**

- Please join our REMIND group by texting the message @svclass25 to 81010.

### **Class Dues**

- Class dues help pay for all senior activities.
- Dues are \$10 for the year, until, January, when they increase to \$15.
- It is the least expensive to pay for all 4 years ahead of time, the amount is \$50.
- Checks should be made out to **SV Class of 2025**.

**Your Class Advisors,**  
**Dan Simonds & Elizabeth Strnatka**  
[dsimonds@svsabers.org](mailto:dsimonds@svsabers.org) & [estrnatk@svsabers.org](mailto:estrnatk@svsabers.org)



**Support the Class of 2025**  
**Homecoming Lunch Fundraiser**  
**Saturday, October 14**

- Choose between **Chicken Spiedie** OR **Pulled Pork** meal, with salt potatoes-\$15
- Meal pick-up between **11 a.m. and 1 p.m.** by the tables near the high school gym.  
*(We can not hold your meal past 1p.m.)*
- Order and payment (cash/check made out to **SV Class of 2025**) due **Friday, October 6.**

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Number of Pulled Pork meals \_\_\_\_\_ X \$15 = \_\_\_\_\_

Number of Chicken Spiedie meals \_\_\_\_\_ X \$15 = \_\_\_\_\_

**TOTAL DUE** by check or money order to SV Class of 2025 = \_\_\_\_\_

***Return the order form with payment in a sealed envelope to pre-order by Friday, October 6 to either Dan Simonds or Elizabeth Strnatka at the high school.***

\*Please Note, we will also have deserts for sale as part of our Class of 2025 Bake Sale.



## Class of 2026

### REMIND

- Please join our REMIND group by texting the message **@svclass26** to **81010**.
- **Parents and students** please join the group for important information and updates.

### Fundraisers

- Thank you for supporting the Class of 2026's Breast Cancer Awareness Saber Gear fundraiser.
- A portion of the proceeds will be donated to the National Breast Cancer Awareness Foundation.

### Homecoming

- Homecoming will be on **October 14, 2023**.
- **Our next fundraiser will be refreshments at the homecoming dance.** If you would like to donate items, **please contact us via email** with what you would like to contribute. Things we are asking for include: napkins, paper plates, cases of water, cases of soda, candy bars, individual chip bags, monetary donations (for pizza and any missing refreshments needed), etc.
- All money raised goes to the Class of 2026.
- We will also be asking students to work on our float and donate materials.

### Class Dues

- Class dues help pay for all senior activities.
- Each **sophomore** is responsible for paying **\$10 this year if unpaid by December 31**.
- If you wait until **January**, the amount is then **\$15**.
- **If you have not paid for your freshman year dues**, you will also be responsible for paying an **additional \$15 for your freshman year**.
- **Checks** should be made out to **SV Class of 2026**.

*If you have any questions please feel free to reach out to Alyson Herman or Hailie Balachick.*

Your Class Advisors,  
**Alyson Herman and Hailie Balachick**  
[aherman@svsabers.org](mailto:aherman@svsabers.org) & [hbalachi@svsabers.org](mailto:hbalachi@svsabers.org)





Calling all freshmen and families - we need your help to create an original seasonal parade float!



**For our homecoming “Fall” themed float, we will need:**

- A place to put the float together, and to hold our materials until the morning of 10/14 (the day of the parade).
- A trailer and truck to construct the float on (need it by 10/8 until the morning of 10/14 and then we take it apart in the school parking lot).
- Fall decorations (not limited to):
- Pumpkins for carving.
- Hay bales for sitting on/decorations.
- Fall leaves for decorations (could be loose or attached as garland).
- Scarecrows.
- Flannel shirts.
- Any original signs that incorporate fall and SV Sabers.
- Bags of candy (individually wrapped) to throw during the parade.

Thank you so much for your continued support!

Lastly, please do not forget about your class dues. **The least expensive option is to pay for all 4 years at once - by December- and it will cost \$40.** Checks should be made out to “SV Class of 2027.”

Your class advisors,  
**Mackenzie Barker and Jennifer Potter**  
[mbarker@svsabers.org](mailto:mbarker@svsabers.org) & [jpotter@svsabers.org](mailto:jpotter@svsabers.org)



If you like eating at the Texas Roadhouse and showing Saber spirit, this is a fundraiser for you. There are two ways that you can help the Class of 2027 raise money for their senior year!

**ONE:** Purchase Texas Roadhouse gift cards through this link:

<https://txrhgiftcards.com/collections/txrh-5-100-no-brd?ref=163SusquehannaValley>

**TWO:** Take those gift cards and join the S.V. Sabers Class of 2027 for a "Dine and Donate" night with good food and fun on November 13th, 2023 from 3:30 - 9:00 PM. 10% of all sales that night will go toward the freshman class.

Thank you for your support!

Gift cards purchased will be available for pick at Texas Roadhouse during the dine and donate night. You can use them that night for dine in or take out orders, or save them for later.

If you cannot make it to the dine and donate night, **your gift card will be available at the high school starting November 14th 2023.**





# High School Music News

## October 2023

### October Concert Reminder

Join the High School Musicians on **October 30, 2023** for our Spooktacular Concert. Our family-friendly concert of traditional and Halloween-themed music will begin at **6:30 p.m.** in the High School Auditorium. Following the concert, join members of various clubs and activities as they sponsor trick-or-treating in the halls of the high school. We encourage all to come in costume. **(NO WEAPONS ARE PERMITTED AS PART OF YOUR COSTUME).**

### October Concert Attire

Our Halloween concert will be a unique opportunity for our student performers. If they choose, they may wear a Halloween costume for the performance. A few reminders:

- Costumes cannot interfere with performing.
- Costumes should avoid intense gore, and cannot include weapons.
- Costumes are optional. Students who choose not to wear a costume should be in concert black.
- If a student wishes to wear a costume, but doesn't have one, see your director.
- Choral performers have a special costume plan. See Mrs. Perkins if you are unsure of what you need to do.

### Communication through Remind

All Music Students and Parents/Guardians should sign up for the appropriate Remind accounts listed below. This is how we push out important information about all things High School Music!

You can choose to receive Remind messages through the Remind app, text messages, and/or email.

- **To join in the app:** click on the three lines at the top left of the screen. Click "Add class," and then click "Join existing class." Type the code that is shown **AFTER** the @ symbol.
- **To join via text message:** Create a text message to send to the phone number **81010**. In the body of the text, type the information from below. Be sure to include the @ sign.
- If you were enrolled in the Remind course for 2022-2023, you may still be enrolled. Check your account to be sure.

## REMIND CODES

Name of the course	Code to join
Chorus	@svperk
Concert Band	@svhscb
Music Department (note – ALL students in any 9-12 Music class and/or ensemble should enroll!)	@svhsmus
Music Theory	@svhsmusth
Percussion Ensemble	@svhspercus
<b>Virginia Trip!</b> (if you or your student are going to join us, you MUST join this remind!)	@virginia24

## Fundraising

All students are given the opportunity to fundraise for the trips we take. This year, our fundraising calendar will include the events below. Please watch for more information about each event. If you are interested in helping coordinate a fundraiser, we would love your assistance! Please reach out to your student's teacher.

- 9/25-10/10 Cider Mill Fundraiser - **ALL ORDERS DUE 10/10 - NO late orders**
- 10/15 Gertrude Hawk Bars
- 11/18 Bake sale at the SVTA Craft Fair
- TBD Frozen food sale
- TBD Basket Raffle
- TBD Music Clothing Sale





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# **SPOOKTACULAR HALLOWEEN CONCERT**

**10/30/2023**

**6:30 PM**

**SVHS AUDITORIUM**

**JOIN US IN YOUR COSTUME  
FOR HALLOWEEN MUSIC  
FOLLOWED BY  
INDOOR TRICK-OR-TREATING**







# SVHS Music Department Cider Mill Fundraiser

High School Music Students

September 25 - October 10, 2023

Students will sell vouchers for different Cider Mill packages (donuts & cider). They must collect the money at the time of sale. Order form and money are due by 2:22 p.m., October 10 - late forms and money will not be accepted.

***Cash will not be accepted!***

Please make checks/money orders payable to **SVHS Chorus.**

One check is preferred for the total amount.

Students will get voucher coupons to be redeemed after November 1.

Please fill out the form below and return it to your child's ensemble teacher. Once the form is received, your child will get the order form to begin the sale.

-----Detach and Return-----

Student Name \_\_\_\_\_

I give my student permission to participate in the Cider Mill fundraiser. I understand that the money, in the form of a check or money order payable to SVHS Chorus, is due by 2:22 p.m. on October 10. I understand that cash and late order forms *will not* be accepted.

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

# **Virginia Trip 2024**

## **Virginia Beach/Williamsburg**

### **Tuesday March 26 - Friday March 29, 2024**

Students who are attending this trip are required to provide a **\$200 deposit, due October 25, 2023**. Please fill out the attached form and return it, with your \$200 check or money order (no cash, please) payable to SVHS CHORUS. If your student is participating in the Cider Mill fundraiser, you can use the proceeds from that sale (students will have their total earned by October 12, 2023). Please reach out to your students' ensemble teacher as soon as possible if payment arrangements need to be made or if you have any questions or concerns.

#### **Tentative Itinerary**

##### **Tuesday March 26**

7:00 a.m. Departure – (meal and restroom stops en-route)  
Arrive VA Beach  
Check into Hotel - Dinner TBD

##### **Wednesday March 27**

Breakfast @ hotel  
Busch Gardens (Meal Voucher @ Park)  
Dinner Buffet (outside of Busch Gardens)

##### **Thursday March 28**

Breakfast @ hotel  
Beach Time!  
Nauticus Maritime Discovery Center - Performances  
Spirit of Norfolk Dinner Cruise

##### **Friday March 29**

Breakfast @ hotel  
Colonial Williamsburg W/ Governors Palace  
11:30 p.m. Return SVHS

## TRIP COST

1. The total cost of the trip should not exceed **\$710** per person. Should the number of students attending the trip drop below 35 people per bus, the trip cost may rise above the \$710 price.
2. The trip cost includes:
  - Round trip transportation and transfers via bus.
  - (3) Nights hotel accommodations.
  - (3) Breakfasts.
  - (1) Buffet Dinner
  - (1) Dinner Cruise
  - (1) Meal Voucher @ Busch Gardens
  - All taxes and gratuities.
  - All admissions.
3. The trip cost *does not* include:
  - Meals on the trip from Conklin to Virginia, or Virginia to Conklin. Small breakfast snacks will be provided on the ride to Virginia. Students may bring additional food.
  - Lunch each day.
  - Snacks.
  - Souvenirs.
  - ANY other personal expenses of the student.
4. There will be no refunds!
  - Once payments are received, there can be no refunds. If a student drops from the trip, they are responsible for full payment or finding a faculty-approved music student to take their place
5. Students who need financial assistance must participate in fundraising opportunities. Please communicate with your students' ensemble teacher if you are in need.
6. Students will be missing three days of school.
  - Students are required to communicate with all of their teachers, well in advance of the trip. Any work that is missed is the students' responsibility to make up. Staff will be notified in advance of the trip but it is not their responsibility to reach out!
  - Students **MUST BE** in attendance on Monday March 25. Failing to come to school that day could result in the student not being able to attend the trip - there will be no refunds.

# Virginia Beach/Williamsburg

## Tuesday March 26 - Friday March 29, 2024

### Commitment Form

Fill out and return with your \$200 deposit to your ensemble teacher

***NO LATER than October 25.***

If you have any concerns or questions, please contact Mrs. Perkins ([jperkins@svsabers.org](mailto:jperkins@svsabers.org) or call 607-775-0304) or reach out to your ensemble director!

### Checks/Money Orders payable to SVHS Chorus

***NO CASH***

Name \_\_\_\_\_

Ensemble (circle all that apply) BAND CHORUS ORCHESTRA

Grade \_\_\_\_\_

I agree to attend the trip in March of 2024. I know that my deposit is non-refundable. If I am unable to attend the trip, I will have to find a faculty-approved music student to take my spot or I will be financially responsible for the total cost of the trip.

Student Signature \_\_\_\_\_

Guardian Signature \_\_\_\_\_

\*If you are interested in chaperoning the trip, please fill out the bottom. This is not a commitment and does not guarantee a spot on the trip. There will be a deposit required but the director will reach out to you within two weeks of receiving this paper. Chaperone cost is approximately \$1,047 per person. (there is no financial assistance available, however you can use your students' extra fundraising money). This is for a single occupancy room. If two adults share a room, the cost will be less.

\_\_\_\_\_ Yes, I am interested in chaperoning this trip

Name \_\_\_\_\_ E-mail \_\_\_\_\_

# Senior Photos and Grad Ads for the Yearbook

Please be advised of the following important dates regarding your child's senior year deadlines for Yearbook submissions:

## Senior Portraits

Schedule your **senior portrait** to ensure proper delivery to the school. Senior portraits are **due Friday, December 1**. Failure to meet this deadline may result in an absence of a senior portrait. Please note that September 28, and 29, were picture days at the high school. This was the opportunity for students to get their photo taken (at no charge!) for identification cards. If you are unable to schedule a senior portrait, plan on using these days or November 8, (our retake day) as an opportunity to get a senior photo. Seniors need to get their photo taken on these dates to receive an ID card. No costumes or props will be allowed for photos.

## Portrait Requirements

Senior Portraits must be submitted electronically (CD, email jpeg, USB). The digital image must be a resolution of 300 dpi and the color mode must be RGB. The image should be sized to a 5x7 image to ensure proper clarity. The yearbook is an all-color book so please plan accordingly when choosing a photo for the yearbook. To maintain a consistent look, only head and shoulders will be in the yearbook photo. No costumes or props will be allowed for photos. Photos submitted should be in color and with a simple background. The SVHS yearbook reserves the right to refuse a photo not meeting specifications.

## **Senior portraits are due Friday, December 1.**

All electronic submissions are to be sent to [dzietz@svsabers.org](mailto:dzietz@svsabers.org). If submitting in person, please see Mr. Zietz in room 22. Any picture received after the due dates listed are not guaranteed to be in the yearbook. It is the student's responsibility to check with their studio to see if the studio has submitted the senior portrait to Susquehanna Valley. Portraits from Sean Murphy Studios will automatically be sent to the school.

For the 2023-2024 school year, our yearbook photo contract is with Sean Murphy Studios. They offer free yearbook sessions in their Binghamton studio for all Susquehanna Valley seniors. Sean Murphy Studios also offers full senior sessions which include the sitting and a selection of prints or digital images starting at only \$100. Many of their senior portrait collections include multi-location sessions with custom photoshop graphics, personal smartphone apps, and some even include 50 free prints! For more information, please visit: <https://www.seanmurphystudios.com/svsabers> or call 607-203-9043.

We encourage your child to schedule an appointment with Sean Murphy Studios **because it helps defray the cost of the yearbook.**





## SVHS approved alternate professional photographers:

### **Jim Pavlik**

Pavlik Photo and Design  
970 Conklin Road  
607-779-2220

Email is: [jim@jimpavlikphotography.com](mailto:jim@jimpavlikphotography.com)  
fb: Pavlik Photo and Design  
website: [Pavlik Photo and Design.com](http://PavlikPhotoandDesign.com)

### **Karen Bixby**

Karen Bixby Photography  
126 Abbey Road, Windsor, NY  
607.765.3759

Email: [Kbixby@karenbixbyphotography.com](mailto:Kbixby@karenbixbyphotography.com)  
Link: <https://karenbixbyphotography.com/sessioninfo>

### **Upstate Images**

1245 Vestal Pkwy E, Vestal, NY 13850  
855-773-3321  
[upstate-images.com](http://upstate-images.com)

## **Grad Ads**

Grad Ads are the perfect way to commemorate achievements and celebrate milestones. In addition revenues from Grad Ads help our school create a better yearbook. This is optional, has an additional cost, and must be created online at Jostens.com. To purchase your ad online, please go to Jostens.com and follow the instructions on the website. Jostens is responsible for our school's yearbook ad sales. Please do not contact or send materials to the school. Our school reserves the right to edit ads per our guidelines. Please make sure all submitted materials are appropriate for school publication.

**All Grad Ad orders must be placed by February 8, 2024.**



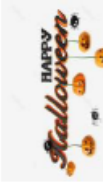
## **Purchasing a Yearbook**

Yearbooks may be purchased online at Jostens.com until June 2, 2024. **Personalized yearbooks may be purchased until January 31, 2024.**

Yearbook is a student run publication and your child is encouraged to join Yearbook Club. By joining Yearbook Club, your child will have the power to make their contributions to the assembly of this publication.

# October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Day 6</b>	3 <b>Day 1</b>	4 <b>Day 2</b> Tech. Career Day @ Broome-Tioga BOCES	5 <b>Day 3</b> Early Dismissal: Bus Drill @ 2:07	6 <b>Day 4</b> College Sweatshirt Day	7
8 Chem Free Prom Golf Tournament	9 	10 <b>Day 5</b>	11 PSAT @ 8 a.m. <b>Day 6</b>	12 <b>Day 1</b>	13 <b>Day 2</b> Homecoming Pep Rally!	14 Homecoming Parade @ 11 SV Wall of Fame Induction @ 12:30 SV vs. Waverly @ 1:30 Dance @ 8:00
15 National School Bus Safety Week 	16 <b>Day 3</b>	17 <b>Day 4</b>	<b>Spirit Week</b>		20 <b>Day 1</b>	21
22	23 <b>Day 2</b>	24 <b>Day 3</b>	25 <b>Day 5</b> College Day Board of Education Meeting @ 6 p.m.	26 <b>Day 6</b>	27 <b>Day 6</b>	28
29	30 <b>Day 1</b> Fall Music Concert @ 6:30	31 <b>Day 2</b> 				30